

AKOS BIO[®]

Empowering Patients with Natural Care

Understanding Medicinal Cannabis: A Patient's Guide

How Medicinal Cannabis Can
Support Your Health and
Well-Being



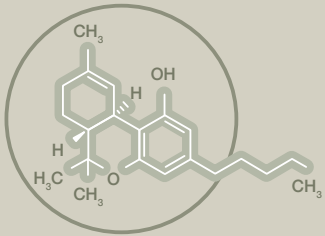
What is Medicinal Cannabis?

Medicinal cannabis refers to products made from the Cannabis plant, which contain THC (Tetrahydrocannabinol) and CBD (Cannabidiol). These products can help relieve symptoms of certain health conditions.

Cannabinoids

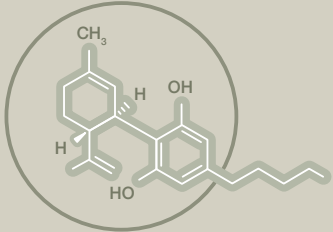
THC

Can help reduce pain, nausea, and increase appetite, but may cause a “high.”



CBD

Does not cause a high and can help with anxiety, inflammation, and seizure control.



Medicinal cannabis is different from recreational cannabis. It is carefully controlled, and your doctor will help you find the right type for your needs.

How Does Medicinal Cannabis Work?

Your body has a system called the **Endocannabinoid System (ECS)**, which helps maintain balance in many of your body’s functions, like mood, pain, and appetite.

Cannabinoids like THC and CBD interact with receptors in your body to support:

- **Pain relief**
- **Mood regulation**
- **Appetite control**
- **Immune system support**

This is why medicinal cannabis may help with conditions such as chronic pain, anxiety, and inflammation.



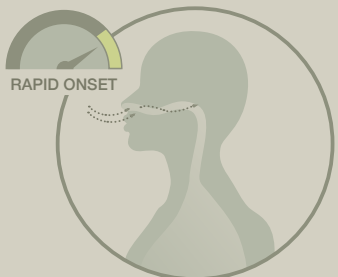
How Can I Take Medicinal Cannabis?

Medicinal cannabis comes in different forms to suit your lifestyle and health needs.

The two main ways to take it are:

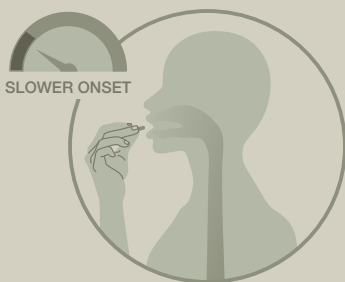
Inhalation:

Using a vaporizer, you breathe in the cannabis for quick relief. The effects start within minutes but wear off sooner.



Oral (By Mouth):

You can take oils or capsules, which take longer to work but provide effects for a longer time.



Your doctor will help you choose the right format depending on how quickly you need relief and how long you want the effects to last.

Sativa vs. Indica: What's the Difference?

There are different types of cannabis, and you might hear the terms Sativa and Indica. While these terms are common, what's more important are the cannabinoids and terpenes in the cannabis.



Sativa-dominant:

Often recommended for daytime use because it may make you feel more energetic and focused.



Indica-dominant:

Often used in the evening to help you relax and manage pain or sleep problems.

Your doctor or dispensary can help you choose the right type based on how you want to feel.

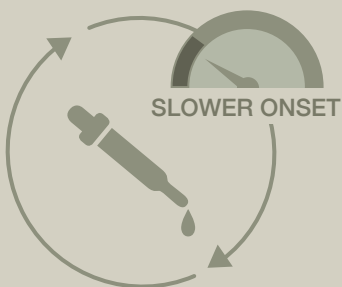
Choosing the Right Method: Oils, Vaporizers, or Flowers?

Each method of using medicinal cannabis works differently:



Vaporizing or Dried Flowers:

Provides quick relief (within minutes) and is useful for conditions where fast-acting effects are needed.



Oils or Edibles:

These take longer to start working (30-90 minutes), but the effects last longer, making them good for long-term symptom management.

You and your doctor will discuss which method is best for you, considering how quickly you want to feel relief and how long you want it to last.

Why Choose AKOS Bio?

At AKOS Bio, we are committed to providing safe, high-quality medicinal cannabis products. Here's why patients trust us:

Pharmaceutical-Grade Products:

Our products are carefully tested for safety and purity, ensuring they are free from harmful contaminants like mould and pesticides.

Patient-Focused:

We aim to support your health with products designed to improve your quality of life.

Research-Based:

We continuously invest in research to ensure our products deliver the best possible therapeutic outcomes.

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Closing Statement:

“Discover the natural benefits of medicinal cannabis with AKOS Bio – helping you take control of your health.”